



SPARKZ

ANDHRA ASSOCIATION SCHOOL E - MAGAZINE

April, 2024

From the desk of the Principal.....

Dear students,

Sometimes we do not feel like doing things that we should do. We feel mentally fatigued and lazy. Feeling lazy and unproductive is normal sometimes but problem arises when it happens often. Laziness is when one is mentally not being inclined to the reality and not being committed and having a fear of accomplishing the tasks. Laziness may seem to be attractive. Many a times laziness will try to resist you from the new, unfamiliar or even what is good for you. Remember person who enjoys the comfort of inaction often has to pay the high price in the end. Laziness kills your potential and hampers your progress. When the list of tasks that remain still undone can eventually affect your confidence. Laziness robs a person's enthusiasm and energy. It destroys or impairs physical and mental power. At this point of time ask a question to yourself "Am I doing the right thing?" Once you strongly decide to commit to excellence, you get inspired yourself. Focus on your goal so that you can beat laziness. Try to break your goal into smaller steps so that one can easily manage to achieve them. Whenever you accomplish small goals, find a way to cheer yourself by speaking positively. "I can do it" or "I am doing great" so that you feel self-motivated.

Mrs. Purnima Mukherjee

Principal

From the desk of the Vice Principal.....

Importance of Olympiads and other extra curricular certificates

For overall personality development, children should be encouraged to participate in Olympiads (academic) and other extra - curricular (non - academic). They encourage competitiveness and build character when children struggle against odds to achieve results. Education is synonymous with knowledge and learning. Sports, music, art etc carry a wealth of information which can be imbibed by self learning but mostly by qualified trainers. At an early age students learn importance of managing time and effort. Irrespective of a child's potential, turning out with 100% effort is what matters. Children also find a healthy preoccupation, away from gadgets and other distractions. That apart the syllabus of Olympiads runs parallel to the school syllabus but the level of difficulty is significantly higher. Students need to practice from reference books to crack such exams. This sets the tone for an early start towards competitive exams in the future. Certificates of performance or achievement acquired from Olympiads and extra-curricular add value to the student's portfolio and help in admissions / interviews for further studies / jobs. Wishing all children the very best !

Jairam Srinivas , Vice Principal

International Women's Day



International Women's Day is celebrated annually on 8th March to honour the social, economic, cultural and political achievements of women worldwide. It also serves as a call for accelerating gender equality. The day is recognized by the Governments, organizations and individuals around the world. International Women's Day is marked by various events including rallies, conferences, art exhibitions and performances all aimed at raising awareness about the gender equality issues and celebrating the contributions of women in the society.

It had begun in New York on March 8th 1857, when female textile workers protested against unfair working conditions and unequal rights. It was one of the first organized strikes by working women, asking for shorter work day and decent wages. The first International Women's Day is being celebrated since 1911.

United Nations has chosen the theme of the International Women's Day as 'Invest in women, Accelerate progress'. The campaign theme for 2024 is 'Inspire Inclusion' and calls for an effort to create a space that is free of bias, stereotypes, discriminations or any unfair judgements. Clara Zetkins of USA had proposed 8th March as International Women's Day and it was unanimously accepted. The first theme adopted in 1996 was 'Celebrating the Past, Planning for the Future'.

Purple, Green and White are the colours associated with International Women's Day. Purple symbolizes justice, dignity and loyalty to the cause, Green symbolizes hope and White symbolizes purity. They probably had their roots In Women's Suffrage and Political Union from the early 1900s, where these colours were used

The symbol of International Women's Day is Yellow Mimosa flowers, which portray Power, Prosperity and Victory.

It is one of the most important days celebrated annually to:

- Celebrate women's achievements
- Educate raise awareness about gender equality
- Call for positive changes
- Lobby for accelerated gender parity
- Fund raise for women- focused charities.

This is a day dedicated to women, their contributions, their sincerity, their dedication towards their families, their sacrifices, their will power, their love, affection and care. Today women can do everything a man does and much more.



Mrs. Devjani Duttapramanik, Secondary Section

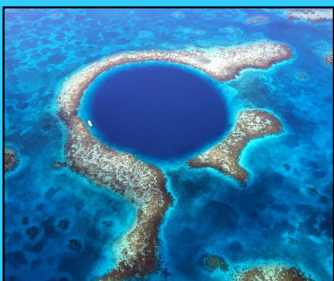
The Mysteries Of Great Blue Hole

Amongst the many stupendous natural beauties around the globe, the underwater limestone cave in Belize (Central America) i.e. The Great Blue Hole is one of the most magnificent geographical features.

It is located 100km away from the coast of Belize, Atlantic ocean in the north east part of Central America. It is a massive underwater Sinkhole located off the coast of Belize, near the center of Lighthouse Reef. It is renowned for its striking deep blue colouration and perfect circular shape of 1000ft. circumference with the 400ft depth, making it easily recognisable from aerial perspectives. Divers can use the shallow water of the atoll lagoon to begin their descent to the flooded cave that contains Stalactites and Stalagmites. The coral atoll surrounding the Belize Blue Hole has an inner ring of shallow lighter coloured water that forms a natural ring around the deeper sapphire water of the flooded cave.

The actual name of The Great Blue Hole was given by British diver and author Ned Middleton after having lived in Belize for 6 months.

Formation : The hole is circular in shape and has over 300mts. across and 125mts deep. It's the world's largest natural formation of its kind and is part of the Belize Barrier Reef System. More than ten thousand years ago, the rising waters at the end of the last great ice age led to a series of enormous caverns being engulfed by the Caribbean Sea. Thousands of Stalactites and Stalagmites that were formed and made the Blue Hole an above ground series of caverns.



Mrs. Soma De, Secondary Section

What is Your Most Prized Possession?



What's your most prized possession?

Thinking? Right! In the words of mystic Rumi, "Sell your Cleverness and Buy Bewilderment." If the above question has let you to explore, and look high and low in your surroundings, then pat your back for successfully being on the first step of wonderment. As per Oxford dictionary, possession may be best defined as the state of having or owning something. Have you ever been baffled to count your impermanent possession in this fleeting world! What could that be? Your family? Your designer watch? Branded Car? Or any other worldly goods?

If you have to ask me, and answer yourself, then the only genuine possession you own is YOU. SurPRIZED? It is the fact of life which many of us do not understand. It is because we fail to fathom the depth of our own selves. We look for happiness, comfort, companionship and affection in the outside world, but fail to look within.

"Your vibe attracts your tribe." When was the last time you took care of yourself? Resisted that temptation? You respected your decisions? Accepted your failures? The answer to all the above questions is NOW. What We Think of Ourselves, We Become! Let us try to be gentle to ourselves, before expecting kindness from others. Most of us lose ourselves in the process of finding. Let us take a pledge to value our own words, thoughts, and actions. Let us make ourselves better than we were yesterday.

A healthy you would reflect in a beautiful kinship, good time without that designer watch, moving ahead even in absence of branded car, and certainly a healthy surroundings. So, next time when you say you are getting bored alone, think again!

Mrs. Rafat Ara, Secondary & HS Section

Good Friday



Good Friday commemorates the death of Jesus on Calvary, the site just outside the walls of Jerusalem where Jesus was crucified. It falls on the Friday before Easter, for 2024, that's March 29th. Most Christian denominations recognize Good Friday as a Holy day, with many, including members of Catholic, Eastern Orthodox, and Lutheran faiths. The day is spent by fasting and attending church services. Good Friday is, for many, an intensely personal day of prayer and devotion. Jesus sacrificed his life, seeking forgiveness for all sinners, out of love for his believers and all mankind. His death was the ultimate sacrifice. Despite it being a terrible day in history, the event paved the way for mankind's salvation, with Jesus being resurrected two days later. The church services often focus on reflecting on the suffering of Jesus, crucifixion and resurrection. Some traditions include abstaining from meat, attending special processions, or participating in prayers, hymns or meditation.

The week begins with Palm Sunday, the day Jesus entered Jerusalem, and it continues with Holy Thursday, the day of Last Supper, Good Friday or Black Friday, till Easter Sunday, the day of his resurrection.

Nabendu Karali, Secondary & HS Section

Holi



As a child, Holi was a joyous occasion filled with vibrant colors, laughter, and the aroma of traditional sweets lingering in the air. The day would start with excitement as my family and I gathered with friends and neighbors, armed with brightly colored powders and water balloons. The streets transformed into a kaleidoscope of hues as we gleefully chased each other, smearing colors on faces and drenching one another in water. Amidst the playful chaos, there was an overwhelming sense of unity and joy, as people from all walks of life came together to celebrate this festival of love and renewal. The memories of those carefree days of frolicking under the sun, sharing laughter and sweets, remain etched in my heart, reminding me of the pure happiness and camaraderie that Holi brings each year.

Mrs. Gargi Mukhopadhyay, Secondary Section

मदमातीवसन्त



शीतल समीर का में मदमाती मलयानलि का मादक समीरण,
पुलकति हो जाता धरती का अंग अंग और बसंती रंग में रंग जाता
कण- कण।
बागों में खलि गए प् रसून, अमराई डाल-डाल पर आमों के मुकुल,
भर सुरभसिसे अंग-अंग पवन लहराती है नाच-नाच दुकुल।
बखिर रहे हैं रंग अब फगुआ के नीले-पीले रंग बहक रहा है
मतवाला पवन,
घुल-घुल रहा है महक पल् लवति हो रहे कुसुम चमन-चमन।
आमों की मंजरी खिली-खिली भौरे कर रहें रसपान मदमाते
रहे हैं डोल-डोल,
गूँज रही कुहुक कोयल की कानों में घुलती है मशि री की डली ,
नहीं इस सौदर् य का कोई मोल।
बसंत है सुखदायी सब जीवों में भरती नवजीवन की प् राण,
आओ करें हम इस मधुरतम सौदर यपूर ण ऋतु के रस का
मधुर पान।

**Mrs. Meena Michael Singh, Secondary & HS
Section**

Colours



Colours of Rainbow 🌈

Are the basic colours of the world.

Colours of the flowers 🌸

Can make most paintings look dud.

Colours on butterflies 🦋

Can make the grimmest person glad.

Colours of the beautiful sky 🌈

Help forget the weather which makes us sad.

Colours of happiness 😊

Are however the best and the latest fad.

Colours of love 🌸

Are the warmest with family, mom and dad.

Colours of Holi 🎉

Makes life happy , lovely and myriad.

**Mrs.DevjaniDuttapramanik, Secondary
Section**

ACTIVITIES

Kolkata's East-West Metro Inaugurated

!Students of classes 8,9 and 10 spent a delightful morning on March 6 when they rejoiced over the metro ride from Kavi Subhash Metro station to Hemanta Mukhopadhyay Metro station of Line 6 of the Kolkata Metro at Ruby Crossing, serving the areas of E.M. Bypass, Kasba and Anandapur.

The East-West Metro, a significant infrastructure project in Kolkata, India, was inaugurated on March 6, 2024, marking a major milestone in the city's transportation network. The project, which has been in development for several years, aims to improve connectivity and reduce travel time for thousands of commuters. Students and teachers assembled at the school premises as early as 7.30 in the morning followed by a jubilant bus ride till New Garia. While some played 'antakshari" in turns, others happily chatted and enjoyed the morning view from their window seats. On reaching, we were accompanied by a metro railway official to the sparkling clean coaches of the train for boarding. The cool compartments decked with tri coloured balloons greeted us as we took our seats besides other school students. Thereafter, mini flags and orange caps were provided while we waited eagerly for the ride.

At 10.25 am the train embarked on its first trip while the coaches echoed with exhilarating notes of the students and onlookers aiming at 'selfies" and " Facebook live" updates. The thirty minutes' ride to and fro ended gleefully with the metro Railways authority serving refreshments to us. We returned content and exuberant with a different flavor during the mid -week!

Students and teachers cherishing the historical moment.



Mrs. Soma Banerjee, Secondary Section

Move for Earth – an Initiative by Switch On Foundation

A Symposium was held at Science City on 8th March, 2024 by the Switch on Foundation. It is an environment conservation society which takes up new steps everyday for the maintenance of the Sustainable Earth in the future. Switch On foundation is a leading and award winning not – for – profit foundation, working since 2008, in the sectors of renewable energy access, sustainable agriculture, skill development, and climate change. On that day, there was a small introductory program and the workshops started. In the first half there were three workshops viz, Sustainability upcycling (Class 8 & 9), Nonfire cooking (Class 8 & 9) and Story – telling (Class 6 & 7). Our school students took part in all of them. We particularly enjoyed interacting with RJ Arvind and participating in the Nonfirecooking competition, using millets and other plant based food items (ie vegan). Everyone appreciated our food items and especially the décor and garnishing. In the second half there was a workshop on upcycling of used dresses , science model presentations with waste materials , various round table meets for adults and exhibition for various herbal and organic products, eg millet and ragi titbits, pickles, papads, honey, various types of organic rice, pulses, fruits and vegetables, handloom sarees and garments, art , craft and various décor items etc. I demonstrated the ' heart ' model I had made with clay and people appreciated me. We had lots of fun that day with Pritha Ma'am, Pallabi Ma'am and Devjani Ma'am. We learnt lots of new things and interacted with various school and college students.

Orientation /Parents – Teacher Meeting

On 9th March, 2024 we had our Orientation and the first Parents- Teachers meeting of the session. Apart from discussing the children's strengths and weaknesses, the necessary attendance of 75% and the necessary marks of 40% in all class tests and First Terminal exams was reiterated. The parents were conveyed these conditions and good behaviour are the essential criteria for promotion.

We bought several small things from the exhibition and enjoyed the delicious snacks and food that were provided.

Anushka Gupta IXB



Alumni Page

I Got Staged

It feels like yesterday, but it goes all the way to year 1974. For our school annual day function, my classmate Lata and I were selected to sing a song . The song was “Jago Tumi Durga”, one of the popular Durga pujo songs.

For someone trained in classical Carnatic music, this was totally a new experience to learn to sing in Bengali. The song was meticulously taught by our teacher Mrs. Sircar, who taught us Bengali language.

It was the first time for me to sport a dark brown with pink bordered Bengal cotton saree with complete hairdo and makeup. I was both nervous and excited to sing publicly for the first time to a huge gathering of parents, teachers, and school mates. We did a pretty good job of synchronizing well.

On backstage, Mrs. Lakshmi Swamy, one of my favorite teachers, came to me and said, “ you sang very well”. I was on cloud Nine. Thus I got staged!!!

Since then I have performed in College, as well as, in many cities in USA, but the first public Annual Day performance is the one that’s etched in my heart forever. Thanks to AAS for creating this everlasting memories to me.

Mrs.Sujatha Krishnamurthy, Batch of '75

Mrs. Bimla Buti is the first Indian woman physicist Fellow of the Indian National Science Academy and the Academy of Sciences of the developing world. She was born in Lahore in 1933 .Her entors were her father, Bodh Raj and Subramanyan Chandrasekhar. While her father guided her growing years in India, Chandrasekhar, was her PhD guide In the US. After she earned her PhD in 1962, her career took her back and forth between US and India. She was also long associated with Abdus Salam International Centre for Theoretical Physics in Italy, including two years as director of Plasma Physics there. She went to NASA Goddard SpaceFlight Center in Maryland for her post doc. After her glorious carrer, she retired in 2003. Then she started the Buti Foundation, as she wanted to **‘give back to the society.’**The foundation promotes education, advancement of knowledge, and computer literacy and thrives to help the public connect with science. Her priority was putting more effort into reducing the gender gap in STEM. She is an inspiration to all girls who wants to take up science as their career. Unfortunately, she passed away 26th Feb, 2024.

Mrs Bimla Buti – on Plasma Physics and Shrinking the gender gap



Compiled by Mrs. Sujatha Krishnamurthy

Mrs Sujatha Krishnamuthy was fortunate to know her through her husband, (who knew Dr.Buti, when he was a PhD student.) and had spent time with her in Pasadena (CA).

Dance Workshop

Our students always liked dancing and enjoyed performing in school functions. On 23rd March, our school had arranged for a dance workshop, under the guidance of eminent, award winning dance master Arkadev Bhattacharya. All the interested students, irrespective of their gender, from classes VI to X assembled in our auditorium. They enjoyed the warmth and friendliness of Mr. Bhattacharya and is eagerly waiting for the next workshop in April.



Quiz Workshop

On 23rd March, Saturday, we also had a Quiz workshop for interested students of classes IX to X. Mr Raju Natarajan, the husband of one of Alumni members, Saraswati Ma'am of '75 batch, was the Quizmaster. It was an online workshop which Mr.Natarajan conducted from Ahmedabad. He had been holding various quiz programmes for many years, so he could understand the pulse of the students very much. A friendly quiz competition was held where, Yuvraj Singh of XA emerged the winner.



Inter House Kho - kho Competition

After having Interhouse Kho-kho Championship for boys last month, our school held the Interhouse Girls Kho- kho Championship on 28th March. At first there were matches between Yellow House - Green House and Red House - Blue House. The winners of both the matches were Green House and Red House. The final match was between the winners. Both the teams played very well but Red House won the game. Congratulations to both the teams and also to the girls for playing so well. The match was played under the strict guidance of our PT Sir, Mr. Nabendu Karali.



STUDENT'S CORNER

The Inspirational Character of Women

Women have long been the embodiment of strength, resilience, and compassion, displaying an inspirational character that transcends time and culture. Throughout history, women have faced numerous challenges and obstacles, yet they have continuously risen above adversity, leaving a profound impact on society. From trailblazers who shattered glass ceilings to everyday heroes who quietly uplift others, women's inspirational character is woven into the fabric of human history. One of the most remarkable aspects of women's inspirational character is their ability to persevere in the face of adversity. Despite societal expectations and systemic barriers, women have continually pushed boundaries and fought for their rights. Figures like Malala Yousafzai, who defied the Taliban's attempts to silence her and advocated for girls' education, exemplify the unwavering determination of women to create positive change. Their resilience in the face of oppression serves as a beacon of hope for countless others facing similar struggles.

Furthermore, women have a remarkable capacity for empathy and compassion, which fuels their desire to uplift and support those around them. Whether it's through mentorship, activism, or simply offering a listening ear, women often play pivotal roles in fostering a sense of community and solidarity. Figures like Mother Teresa, who dedicated her life to serving the poor and marginalized, exemplify the transformative power of compassion and selflessness. Their acts of kindness and generosity inspire others to follow in their footsteps, creating a ripple effect of positive change.

Additionally, women have been at the forefront of groundbreaking achievements in various fields, challenging stereotypes and reshaping perceptions of what is possible. From Marie Curie, the first woman to win a Nobel Prize, to Serena Williams, a trailblazer in the world of sports, women have consistently defied expectations and shattered glass ceilings.

Their achievements serve as a reminder that talent knows no gender and that women are capable of greatness in any endeavor they pursue.

Moreover, women's inspirational character extends beyond individual accomplishments to collective movements for social justice and equality. From the suffragettes who fought for women's right to vote to the activists leading the #MeToo movement, women have been instrumental in driving progress and challenging systemic injustices. Their courage to speak truth to power and demand change has paved the way for a more inclusive and equitable society.

In conclusion, women's inspirational character is a testament to their resilience, compassion, and determination. From historical figures to contemporary heroes, women have continuously defied expectations and overcome obstacles, leaving an indelible mark on the world. As we celebrate their achievements and contributions, let us also recognize the ongoing work that remains to be done to ensure that all women have the opportunity to fulfill their potential and make a difference in the world.

Aditya Jha XIA



**Character.
Intelligence.
Strength. Style.
That makes
beauty.**

— Diane Von Furstenberg

An Iron Lady Of Pakistan : Muniba Mazari



UN Women appointed Muniba Mazari, 28, as Pakistan's first National Ambassador during an event in Islamabad to mark the end of the 16 Days of Activism against Gender-Based Violence in December 2015. When she was 21 years old, Ms. Mazari was left bound to a wheelchair due to a spinal cord injury following a car accident. Nine years ago, while laying in a hospital bed with a broken body, half-paralyzed and barely able to move her hands, Ms. Mazari began to paint in order to distract herself. She says it was painting that kept her alive. Despite the immense pain she has endured because of the accident, she considers her pain "beautiful" since it allows her to connect with others also in pain. Ms. Mazari's life-changing experience has turned her into an activist, encouraging women and girls that have experienced discrimination or violence to not fear or fight the pain.

It was Ms. Mazari's motivational speech in November 2014 at a TEDx event organized in Islamabad that propelled her into the public eye. **"I am a strong supporter of UN Women and the role we have in ending gender-based discrimination, and working towards gender equality, making it a lived reality. We need to educate both men and women if we want to eliminate gender-based discrimination, and for this we have to work together as one,"** Ms. Mazari said at the event. Her speech contained a message of hope, urging people not to give up on life. Her appeal transcends to different generations and represents the voice of women, men, girls and boys across Pakistan on important issues of gender inequality and discrimination.

Ms. Mazari also supports the well-being of under-privileged children and their education. She has spoken out across Pakistan on important issues including gender inequalities and discrimination. **She was also named as one of BBC's 100 Women for 2015.**

Ridhima Shaw VIII B

Mother Teresa-Our Beacon Of World In The Time Of Darkness



Mary Teresa Bojaxhiu, better known as Mother Teresa, was an Albanian - Indian Catholic nun and the founder of the missionaries of charity. Her full name was Anjeze Gonxhe Bojaxhiu. Her parents were Dranfile Bojaxhiu and Nikolle Bojaxhiu. Born on 26th August, 1910 in Skopje, then part of Ottoman Empire, at the age of 18 she moved to Ireland and later to India, where she lived the most. After leaving home at 18, she never saw her mother again. Mother Teresa is one of the most famous and revered figures in the world, whose selfless charity work saved millions of lives. Mother Teresa selflessly worked for the poor, the suffering of the sick, etc. Through her selfless dedication to helping others, Mother Teresa inspired people from all walks of life to get involved in charitable endeavors themselves. Her message was simple yet powerful - "We can all make a difference by extending a helping hand towards those who are less fortunate than us." There is a famous quote in the Hindu religion - "Parihita saris dharma nhi bhavi" meaning that there is no bigger religion rather than helping the poor and the needy. Who would be better coming in this position rather than the character of Mother Teresa? Leaving all the comforts and enjoyments of life, she made helping the poor and the needy, her first priority. She died on 5th September, 1997 and was buried in the Mother House of The Missionaries of Charity, Kolkata. People like Mother Teresa never die as her selfless work for the country would always be remembered in the hearts of all ages. Her dedication towards the poor will always inspire us throughout our life.

Sneha Singh outgoing XB

Sarala Devi Chaudhrani



Sarala Devi Chaudhrani was an Indian educationist and political activist, who founded Bharat Stree Mahamandal in Allahabad in 1910. This was the first national-level women's organization in India. One of the primary goals of the organization was to promote female education. Sarala was born in Jorasanko, Kolkata on 9 September 1872 to a well known Bengali intellectual family. Her father Janakinath Ghosal was one of the first secretaries of the Bengal Congress. Her mother Swarnakumari Devi, a noted author, was the daughter of Debendranath Tagore, an eminent Brahmo leader and sister of poet Rabindranath Tagore. Her older sister, Hironmoyee, was an author and founder of a widow's home. Sarla Devi's family was a follower of Brahmoism, a religion founded by Ram Mohan Ray and later developed by Sarala's grandfather Debendranath Tagore.

In 1890, she earned her BA in English literature from Bethune College. She was awarded the college's first Padmavati Gold Medal for being the top female candidate in her BA examinations. She was one of the few women of her time to participate in the Indian Independence Movement. During anti partition agitation she spread the gospel of nationalism in Punjab and maintained secret revolutionary society. From 1895 to 1899, she edited Bharati jointly with her mother and sister, and then on her own from 1899 to 1907, with the goal of propagating patriotism and to raise up the literary standard of the journal. In 1904, she started the Lakshmi Bhandar (women's store) in Kolkata to popularize native handicrafts produced by women. In 1910, she founded the Bharat Stree Mahamandal (All India Women's Organization), which is regarded by many historians as the first All-Indian organization for women.

With several branches around the country, it promoted education and vocational training for women without consideration of class, caste and religion. Her autobiography titled 'Jivaner Jhara Pata' was serialized in Desh, a Bengali literary magazine, during the later period of her life, in 1942–1943. She died on 18 August 1945 in Kolkata.

Tripti Pandey Outgoing XB

Malala Yousafzai



Malala Yousafzai is a young International Education Activist. She is an incredible person who has made a huge impact on the world. Malala was born on July 12, 1997, in Mingora, Pakistan. Despite facing immense challenges, she fearlessly fought for girls' education in her country. Her activism began at a young age when she spoke out against the Taliban's ban on girls attending school. Unfortunately, in 2012, she was targeted and shot by a Taliban gunman. However, Malala's spirit could not be broken, and she continued her advocacy work even after the attack. Her bravery and determination have inspired countless individuals globally. In recognition of her efforts, Malala became the youngest-ever Nobel Prize laureate (winner in Peace Prize) in 2014 at the age of 17. Her story is a testament to the power of education and the strength of the human spirit.

Bindiya Pandey VIII B

Avani Chaturvedi



Avani Chaturvedi is a trailblazer in the realm of aviation, recognized as the first Indian woman to fly a fighter aircraft solo.

Born on October 27, 1993, in Rewa, Madhya Pradesh, she developed a passion for flying from a young age, inspired by her father, an executive engineer in the Public Health Engineering Department. Avani joined the Indian Air Force in 2016 and underwent rigorous training at the Air Force Academy in Dundigal, Telangana. Her historic solo flight in a MiG-21 Bison jet took place on February 19, 2018, marking a significant milestone in Indian aviation history. Avani's achievement shattered gender barriers and inspired countless young women to pursue careers in the armed forces and aviation.

Her determination, courage, and perseverance serve as a beacon of inspiration for aspiring pilots and symbolize the spirit of empowerment and progress in India.

Shipra Choubey XA

Mary Kom The Epitome of Women Empowerment



MangteChangneijangMary Ko Oly is an Indian Olympic boxer, politician and a former member of the Rajya Sabha..She is the only female to make six times winning records at the World Amateur Boxing Championship and the only female to win a medal in each of the seven championships.She is a diligent, hardworking athlete who never gave up.

Her hard work paid off and she won a Gold Medal in Asian Games in 1998. The win motivated her, and she decided to pursue her career as a professional boxer with renewed zeal, a decision that would change her life. She faced a lot of opposition from her parents as they considered boxing an unsuitable sport for a young girl, something she proved wrong when she became the National Boxing Champion 5 times in a row.

Mary Kom not only established herself as a recognized national athlete but successfully became a female icon for women and young girls all over the world. She became the first woman from India to feature for boxing in 2012 Olympics and had the honour of carrying the tricolour after she shone in the games. She was the first woman to qualify for London Olympics and also to win a Bronze medal in boxing for India. Mary Kom became an inspiration for women, when she broke the stereotype that married women especially mothers cannot become successful athlete, through her grit and determination.Very rightly her autobiography is called 'Unbreakable'.

Alfiya Bi VIIIA

Lathmar Holi: A Colorful Celebration of Love and Tradition



Lathmar Holi is a vibrant and energetic festival celebrated in Barsana, a town located in the state of Uttar Pradesh, India. This traditional event is renowned for its lively and playful rituals that have been passed down through generations.

The name "Lathmar Holi" literally translates to "Holi with sticks." The festival revolves around a playful reenactment of a legendary love story between Lord Krishna and Radha, his beloved. According to folklore, Lord Krishna, who hailed from the nearby village of Nandgaon, would visit Barsana to playfully tease Radha and her friends. In response, the women of Barsana would playfully chase away Krishna and his companions with sticks, hence the name "Lathmar Holi."

The festivities begin several days before the main Holi festival. Women from Barsana gather in the streets, armed with colorful sticks or "lathis," and eagerly await the arrival of men from Nandgaon. When the men arrive, they sing traditional songs and try to drench the women in colored water and powder. In a playful and good-natured manner, the women defend themselves by playfully hitting the men with their sticks.

The highlight of Lathmar Holi is the playful banter and jovial atmosphere that prevails throughout the celebrations. It is a time when social barriers are temporarily lifted, and people from different backgrounds come together to enjoy the festive spirit.

The colorful spectacle of Lathmar Holi attracts tourists and visitors from around the world who are eager to experience the joyous festivities and immerse themselves in India's rich cultural heritage.

In addition to the playful stick-fighting and colorful revelry, Lathmar Holi also includes traditional music, dance performances, and delicious food offerings that add to the festive charm.

Overall, Lathmar Holi is not just a celebration of colors but also a celebration of love, tradition, and community spirit. It continues to be cherished and celebrated with great enthusiasm, making it a must-see event for anyone interested in experiencing India's vibrant cultural tapestry.

Aditya Jha XIA



Ameliya Earhart



An inspirational person that I truly adore would persist as Amelia Earhart. I admire her completely, considering how she portrayed herself as the first woman that proved to the world that women can engage in the same activities as men. Although Amelia was a female, she kept receiving attention by having similar interests as men. She felt that she could prove them wrong. She became a pilot and achieved her goals by ascending across the Atlantic Ocean by airplane. However, the only downside that occurred was the disappearance of the plane. In all honesty, she would demonstrate her strengths and prove that women are just as exceptional as men and unbelievably superior. In fact, without her brave triumph, I have no idea where women would be at right now. This act of hers is why I adore her as truly remarkable to me.

She stood up believing that she could achieve any goals as if she was a man. Everyone thought that she was crazy but this didn't stop her from achieving her goal. She went far as the first female flier in history. Men are considered strong whereas women are considered weak. Amelia helped to prove this wrong by proving the world that women can fly planes too. The famous words of Amelia are "I want to do it because I want to do it. Women must try to do things as men have tried. When they fail, their failure must be a challenge to others"

Zoya Khatoun XA

Mind behind India's Deadliest Weapon



We all have recently heard about the milestone that India has achieved in its defense capabilities with the successful test of AGNI-5. This project was headed by Sheena Rani, popularly known as "Divya Putri."

Sheena Rani, 57-year-old, also known as "Powerhouse of energy" is a scientist at the Advanced Systems Laboratory of the Defence Research Development Organization (DRDO) in Hyderabad. She was born and brought up in Thiruvanthapuram. Her father died when she was in class 10; it was her mother who always supported her and shaped her life. She pursued engineering from the College of Engineering Trivandrum (CET) and draws her inspiration from the former President and Missile Man of India, Dr. APJ Abdul Kalam.

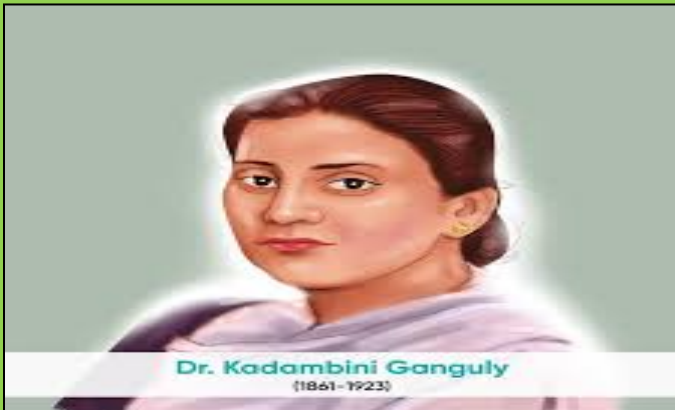
She started her career by working at the Vikram Sarabhai Space Center and after the Pokhran Nuclear test in 1998 she entered DRDO through a lateral entry. Since then she has been an integral part of the AGNI missile program, contributing significantly to its various variants and has given almost two decades for AGNI missiles.

Rani's dedication and leadership played a pivotal role in the development of AGNI-5 missile with multiple nuclear warheads.

This new weapon system incorporates MIRV technology, allowing a single missile to deploy multiple warheads and strike targets across different locations simultaneously. This missile not only safeguards Indian borders but also heightens India's position in the global defense arena. With this India has joined the club of nations - US, UK, Russia, China, France that have MIRV technology.

Payal Kumari XIA

The Phenomenal Story of Dr. Kadambini Ganguly



During the East India Company's rule in India, women's rights and education seemed a far cry. Women hid behind their veils, and social evils like child marriage and sati marred the Indian society.

Most women were not allowed to get an education or be working professionals. Marriage, childbearing and rearing were deemed the only aspirations they could have.

But this is NOT a story about oppression. Instead, it is a coming-of-age story of the earliest female emancipations in pre-partition India. Of how one woman smashed the glass ceiling, shattered all stereotypes and became a trailblazer for generations to come.

This is the story of Kadambini Ganguly, one of the first women graduates from India and the entire British Empire, who moved on to become one of the first female physicians trained in western medicine in the whole of South Asia. Born Kadambini Bose in Bhagalpur, she was raised in Changi, Barisal (now in Bangladesh).

A young Kadambini completed her formal education from Banga Mahila Vidyalaya, later merged with the Bethune School. She was the first candidate from the Bethune School to appear for the University of Calcutta entrance exam and created history becoming the first woman to pass the test as early as 18 !

But the road to becoming a doctor was a difficult one. Calcutta Medical College refused to admit Kadambini as a candidate despite her merit because there was no history of Indian women studying there.

Dwarkanath Ganguly, her husband, for the longest time, had also been campaigning to ensure accommodation and enrollment of female students in Calcutta Medical College. It was only after the couple legally threatened the authorities, did they allow Kadambini to study.

1886 marked her record as one the first Indian women physician eligible to practice western medicine alongside Anandi Gopal Joshi. She received her GBMC (Graduate of Bengal Medical College) degree, allowing her to practice.

She even left for the United Kingdom in 1892 to get more experience in her field and received various certificates from Edinburgh, Glasgow, and Dublin. After returning to India, she worked for a short period in Lady Dufferin Hospital and started her private practice later.

Until the day she died, she did not turn down any of medical calls. She died on 7th October 1923, fifteen minutes after returning from one of her regular medical calls. Unfortunately, she left the world, before any medical aid could reach her.

As a champion of women's education and rights, Kadambini Ganguly may have long gone, but she will never be forgotten!

Gitanjali Banerjee , Outgoing XIA

Hima Das, the Dhing Express



In the world of athletics, Hima Das's name shines brightly as a symbol of determination, resilience, and remarkable leadership. Her journey from a young sprinter with a dream to becoming India's golden girl on the track is not just a story of athletic triumph, but also an incredible source of inspiration for aspiring leaders. Beyond her accomplishments on the racing track, Hima Das's life story is a treasure trove of leadership lessons, overcoming challenges, and the unwavering pursuit of excellence.

Coming from a very humble background, the Dhing Express from town of Dhing, Assam is the youngest of her five siblings. From childhood, she was interested in Football and tried to attain all Football camps. At one of such camps held by JNV, a physical education watched her sprint, and was impressed by her determination and sprinting and convinced her to pursue a career in sprinting. The rest, as they say, is history. From not having a shoe for practicing to becoming a brand ambassador of Adidas, she has come a long way.

Hima Das's leadership qualities radiate both on and off the racing track. Her mastery over her sport, coupled with her unyielding practice, positions her as a true leader in the world of sports. Her ability to lead by example through her rigorous training and unwavering focus on improvement sets a high standard for her peers. Hima's legacy teaches us that genuine leaders influence through their actions, setting a benchmark that others strive to achieve.

Aishwarya Chakraborty XA

My Inspiration, My Mother



My mom, is the most inspirational person to me in basically every way. Whenever I specifically feel low, she comforts me, and stays there for me for all intents and purposes. She's also very determined. When she mostly puts her mind to something, she exceeds even goals set by herself. For my betterment, she does everything needed, even if they are contrary to her beliefs. She is not just my mom but the best part is she is also my best friend for all situations and purposes in a major way. She has so many other qualities, but those mentioned ones definitely are the ones that actually stand out to me in a subtle way. I love my mom and want to grow up to be like her.

Mili Pandey , VIIIA

ART AND CRAFTS



Bindiya Pandey VIII B



Enti Karan Outgoing XA



Ario Ghosh VIIA



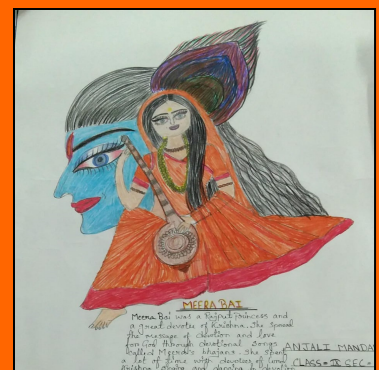
Manali Kumar IXA



Sunbhi Mondal VIB



Enti Karan Outgoing XA



Anjali Mondal IXB



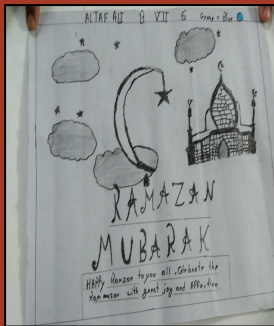
Ankita Rana VIA



Sourav Gupta IXA



Harshit Jha VIB



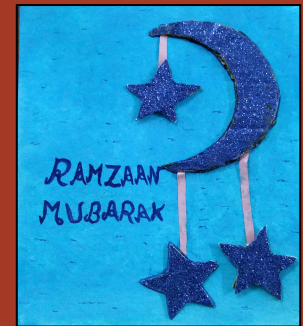
Altaf Ali VIIB



Versha Mallick XB



Prachi Rajak XA



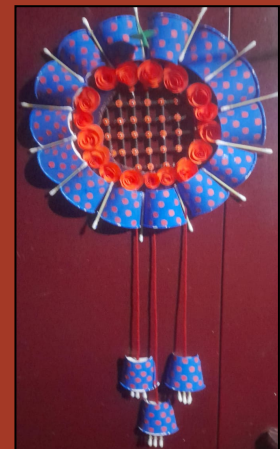
Sohani Rahman XA



Pushkar Sarkar VIIA



Soumya Sharma VIIIB



Prince Shaw VIIIB